

Walking COASTAL SYDNEY

Clovelly to Cronulla



Cook's Landing Monument

it's exhilarating & healthy

Clovelly to Cronulla 30km of Golden Cliffs and Golden Beaches

The first 17 kilometre section of this walk (marked in red on Map A) takes you along the cliffs and coastal reserves from Clovelly to La Perouse. Along the way are some of the best coastal views in Sydney and places of intriguing history and beauty.

The second 13 kilometre section (marked in red on Map B) runs from Cook's Landing Place at Kurnell, birthplace of European Australia, via the spectacular coastline of Kurnell Peninsula, the Aboriginal middens at Boat Harbour, to the golden sweep of Cronulla Beach and, eventually, Gunnamatta Bay Wharf. This is the jumping off point for the Royal National Park's Coast Track from Bundeena to Otford and the Federation Track to Melbourne.

Golden beaches, fretworked sandstone cliffs, foam-laced surf, intense blue ocean, delicate wildflowers in spring and the wide, salt-laden glory of the six kilometre Cronulla Beach make this a wonderful walk. The route winds along cliff tops, through excellent regeneration, along wild sand dunes, past small perched lagoons and by monuments and memories of our colonial and Aboriginal past.

Short Walks Using Public Transport

While this brochure is part of a major network along the coast and around the harbour (see Trunk Route Diagram), it is designed so it can be walked in small or large sections using public transport. Some suggestions follow. There are downloadable Background Notes to explain the many places of beauty and interest along the way.

Currently there is no easy method to cross Botany Bay directly from La Perouse to Kurnell, although a limited ferry service is proposed. Currently the best option, other than a taxi, is to take a bus from La Perouse to Central Station, then train to Cronulla and bus to Kurnell.

For the truly intrepid you may use the Circular Quay to Cronulla brochures as your first steps on the Federation Track from Sydney to Melbourne.

Background Notes

Along the main route there are 27 Sites of Historic Interest identified. These are listed at the end of this text, and highlighted in red on the maps. Notes on these sites may be downloaded from www.walkingcoastalsydney.com.au. The Loop walks are numbered from the Harbour Bridge, see brochure 5, Harbour Bridge to South Head & Clovelly, so the first number on this brochure is L12.

There are seven Loop walks (shown in green on the maps). Each may be walked by itself or in combination with adjoining walks. In time there will be a downloadable leaflet for each with its own map. Leaflets for Loop 12, Loop 13 & Loop 14 are now available.

Walking Times

A fit person may walk Clovelly to La Perouse in approximately 6 to 7 hours and Kurnell to Cronulla in approximately 4 to 5 hours but with little time to savour the sights along the way. It is possible to break the walk up into smaller sections using public transport. Suggestions for a series of shorter walks are included in this brochure. Most people will want to walk this route in sections of between 2 and 4 hours linked with public transport or by creating

The Trunk Walking Routes of Sydney Coast and Harbour

- Coastal Walk
- Harbour Circle Walk
- Great North Walk
- Federation Track
- Spit to Manly Walk
- Harbour to Hawkesbury Track
- Other tracks

Approximate Walking Times in Hours and Minutes
e.g. 1 hour 45 minutes = 1hr 45

0 8
kilometres

BROCHURES

- 1: Barrenjoey to Narrabeen Lakes *
- 2: Narrabeen Lakes to Manly Lagoon *
- 3: Manly to Spit
- 4: Spit to Harbour Bridge
- 5: Harbour Bridge to Clovelly
- 6: Clovelly to Cronulla *
- 7: La Perouse to Sydney Airport *
- 8: Cook Park Trail
- 9: Harbour Circle Walk
- 10: Harbour to Great North Walk

* due 2008

their own combination of main, loop and connection walks. The route can readily be broken into two or more one day walks, either taken on separate days or using overnight accommodation and public transport connections.

The Walking Times diagram will help you choose your own route. The times marked are walking times only and are based on a walking speed of between 2.5 to 3.0 kilometres per hour, depending on the terrain. Add your own time for breaks, lunch or just looking.

Personal Care

The walk requires average fitness. Take care as it includes a variety of pathway conditions and terrain including hills and steps. Use sunscreen, carry at least 1 litre of water (there is no town water between Long Bay and La Perouse or between Cooks Landing Place and Wanda) and wear a hat and good walking shoes. Please observe official safety and track signs at all times. Check the tide as Lurline Bay and Cronulla Beach are easier to traverse at low tides.

Public Transport

Public transport is readily available at regular points along the way (see map). This allows considerable flexibility in entering and exiting the routes. Note - not all services operate every day and that the La Perouse-Central-Cronulla-Kurnell connection will take several hours. If you want to continue on to Bundeena and the Coastal Track there is a regular ferry services

Bus and train timetables.
Infoline Tel: 131-500 www.131500.com.au

Bundeena ferry timetable.
Infoline Tel: 9523 2990 www.cronullaferry.com.au

Short Walks using Public Transport

2 to 4 hours
(See also Multiple Day Walks below)

The choices of walks are many. The following are examples of walks between 2 and 4 hours along the main (red) route using public transport options.

MAP A - CLOVELLY TO LA PEROUSE

Clovelly (D1) to Maroubra (C4)

339 bus from Eddy Avenue, Central Station to Clovelly terminus. Main route south to Coogee Beach, Trenery Reserve (D3), Lurline Bay (D3), Mistral Point (D4) to Maroubra Beach (C4). Catch the 376, 377 or 396 bus from Maroubra Beach terminus to Circular Quay. Walk only: 2 hr - 5.5km

Maroubra (C4) to Little Bay (C7)

376, 377 or 396 bus from Circular Quay to Maroubra Beach terminus. Main route south to South Maroubra SLSC (C4/5) then via Broome Street and Manwaring Avenue to Pioneers Park, Long Bay Beach, along the eastern boundary of Randwick Golf Club and southern boundary of the Coast Golf Club to Little Bay. Walk up Pine Avenue to Anzac Parade. Catch a 393 bus to Central, or a 394, L94, 399 bus to Circular Quay. Walk only: 2hr - 5km

Little Bay (C7) to La Perouse (B7)

393 bus from Central, or a 394, L94, 399 bus from Circular Quay to Pine Street, Little Bay (B7). Walk down Pine Avenue to Little Bay. Main route south along the eastern boundary of the Coast Golf Club to the Coast Hospital Cemetery (B7), Fort Banks (C8), around Cape Banks (C8) and then via NPWS tracks to Henry Head (B8), Congwong Beach (B7) and La Perouse (B7). Catch a 393 bus to Central, or a 394 or L94 bus to Circular Quay. Note that care must be taken when walking along the golf course boundaries. Walk only: 2hr 30mins - 6.5km

