





it's exhilarating & healthy

One Day Walks

Circular Quay (B3) via South Head (H1) to Clovelly (G8)

This walk can be walked by a fit person in a long day, but this would give little time to savour the views. Add extra time for breaks and other stops. The Federation Track or various link routes can be used to reduce this time, by leaving out substantial parts of the harbour and coast.

Walk only: 12 hours - 29 km

Circular Quay (B3) to Clovelly (G8) via Centennial Park (Z9) (Federation Track)

This walk detours from Circular Quay (B3) to the Opera House to visit Macquarie Place, beautiful Bridge St streetscape, Museum of Sydney, the Conservatorium and Government House before following the main route to Rushcutters Bay (C5). It then heads south-east via Trumper Park (Z9), Centennial Park (Z9), Queens Park (Z9) and Waverley Cemetery (G8) to the coast and Clovelly. For detailed walking instructions and historical notes use "Federation Track - Circular Quay to Stanwell Park" guidebook (see Books on Walking Sydney below). Walk only: 5 hours - 13.5km

The Two, Three and Four-Day walks can be walked using overnight accommodation or public transport.

Two Days Walks

Circular Quay (B3) to Clovelly (G8)

Circular Quay (B3) to Watsons Bay (H2) only: 7 hours - 16.5km

Day 2 Watsons Bay (H2) to Clovelly (G8)

Walk only: 5 hours - 12.5km

Note: Watsons Bay accommodation is limited. For some, Bondi may be a better alternative - there is a direct 20 minute off peak bus route (380) between Watsons Bay and Bondi Beach. Some of the loop walks and connections along the way could be added or substituted for part of the main walk.

Three Days Walks

Circular Quay (B3) to Clovelly (G8) and Back (B3)

Day I Circular Quay (B3) to Watsons Bay (H2) nlv: 7 hours -16.5km

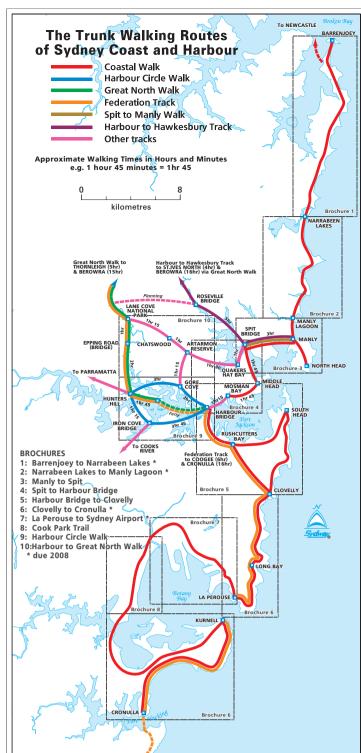
Day 2 Watsons Bay (H2) to Clovelly (G8)

Day 3 Federation Track from Clovelly (Waverley Cemetery) (G8) back to Circular Quay (B3), or Rushcutters Bay (C5) and bus back to Circular Quay (B3), or train from Kings Cross (C5)

Walk only: 5 hours -12.5km

Food and Drink

Food, drink and toilets (marked ' T ') are to be found at regular intervals between Circular Quay and Clovelly on the main routes, the longest stretch with few shops or toilets being from Watsons Bay to Bondi. Most loop and link routes also pass through areas with shops or service stations.



Accommodation

Overnight accommodation for walks of more than one day can readily be found at areas such as Sydney city, Kings Cross (C5), Edgecliff (D5), Bondi (G6), Clovelly (G8), Coogee (below G8) and Randwick (E7) and Randwick Racecource (C8). A limited range of accommodation is available at Paddington (C6), Rose Bay (F4), and Watsons Bay (H2).

For information on hotels and motels, bed and breakfast, backpacker and youth hostels and other accommodation options see Tourism NSW: www.visitnsw.com, NRMA Tel: 13 1122 www.mynrma.com and Sydney Visitor Centre: www.sydneyvisitorcentre.com.

Further Information

This and the other brochures in the series, background notes and links to all the following bodies walking publications are downloadable from www.walkingcoastalsydney.com.au. Most are free with additional walks and supporting information, mainly downloadable from their web pages.

Note, brochures such as this one of more than A4 in size can be difficult to print, and it is better to obtain those actual free brochures. This and the other brochures in the series can be obtained from most of the bodies listed below, free of charge.

Books on Walking Sydney

There are a number of books on walking Sydney that are relevant to this walk available from libraries, bookshops and tourist offices. Federation Track - Circular Quay to Stanwell Park 1996 is out of print but is available from most libraries. A limited number of copies are obtainable from the Sydney Coastal Councils Group (see above) \$15 (inc P&P) - a second edition is

Centennial Parklands (Centennial and Queens Parks)

Visitor Centre, Superintendents Cottage

Paddington Gates, Paddington 2021. Tel: 9339 6699

The Parklands provide a wide range of walking, cycling and other recreational opportunities. www.cp.nsw.gov.au click 'map' or 'visitor information'.

City of Sydney Council

House, 456 Kent Street, Sydney 2000. Tel: 9265 9333 The City's brochures include a number of historical walks. They can be

obtained from their libraries, neighbourhood service centres, the One Stop Shop at Town Hall House, Customs House, and at The Rocks Visitor's Centres (see SHFA above).

Department of Planning

on Centre, 23 Bridge Street, Sydney 2000. Tel: 9228 6111 www.planning.nsw.gov.au/harbour - click 'Walking Sydney Harbour'.

Historic Houses Trust

The Mint, 10 Macquarie Street, Sydney Tel: 8239 2288

Information available at properties: Elizabeth Bay House ((C4)); Government House (B3); Justice and Police Museum (B4); Museum of Sydney ((B4)); The Mint (B4)); Vaucluse House ((G3))

National Parks and Wildlife Service Sydney ServiceSydney Harbour National Park, South

For Discovery guided tour information at Sydney Harbour NP (including the islands) call Cadmans Cottage, tel: 9247 5033 see: www.nationalparks.nsw.gov.au

Randwick City Council 30 Frances Street, Randwick 2031. Tel: 1300 722 542

Coastal Walkway - Waverley Cemetry to Maroubra. The oldest municipality in NSW has a rich history. Current and historical information can be found on the Council web site: www.randwick.nsw.gov.au, particularly in About Randwick.

A Harbour and Coastal Walk

This magnificent walk follows the south-east shoreline of Sydney Harbour before turning southwards along ocean beaches and cliffs. It is part of one of the great urban coast walks of the world, connecting Broken Bay in Sydney's north to Port Hacking to its south (see Trunk Route diagram), traversing the rugged headlands and sweeping beaches, bush, lagoons, bays, and harbours of coastal Sydney.

The walk covered in this map begins at the Circular Quay connection with the Harbour Circle Walk and runs to just past coastal Bronte where it joins another of the series of maps covering this great coastal and harbour route. The main 29 km Harbour Bridge (B3) to South Head (H1) and to Clovelly G8) walk (marked in red on the map) is mostly easy but fascinating walking. Cutting a 7km diagonal across the route between Rushcutters Bay (C5) and Clovelly, is part of the Federation Track (also marked in red) which, in full, runs from Queensland to South Australia.

Note the Federation Track takes a different route from Circular Quay to Sydney Opera House and then is the same to Rushcutters Bay. Linked to these two main walks are over 45 km of optional loop walks and alternative connecting walks (marked in solid green), through parks, waterfronts, historic sites, interesting streetscapes and ever-changing views more than 80km in total to choose from.

Loop Walks and Connections

For the most part the main routes are fairly direct but pass areas of great interest such as Darling Point or Paddington for which 14 loop walks (marked in solid green) have been designed. These reconnect with the main walk close to their point of departure. Ten good Connecting walks (marked by broken green lines) are also shown, connecting different parts of the main route and offering alternative routes.

The loops and connections can be combined with the main routes in an almost infinite number of ways to create loop or linear walks of varying lengths ranging from a half-hour to several days.

Background Notes

Background and historic notes, written by Walking Volunteer Graham Spindler, can be downloaded in sections from the Sydney Coastal Councils Group website www.walkingcoastalsydney.com.au

There is one downloadable leaflet for each main, loop and connection walk (see list bottom left of the map). Each leaflet has its own map, and can be walked by itself or in combination with adjoining walks.

Walking Times

The main Circular Quay to South Head and Clovelly route can be walked by a fit person in 12 hours or less, and the Rushcutters Bay - Clovelly section of the Federation Track in 3 hours, but with little time to savour the sights along the way. Some loops and connections are also substantial.

Most people will want to walk this route in bite sized sections of between 2 and 4 hours linked with public transport or by creating their own combination of main, loop and connection walks. The route can readily be broken into two or more one day walks, either taken on separate days or using overnight accommodation.

The Walking Times diagram will help you choose your own route. The times marked are walking times only and are based on a walking speed of between 2.5 to 3.0 kilometres per hour, depending on the terrain. Add your own time for breaks, lunch or just looking.

Royal Botanical Gardens

Mrs Macquaries Rd. Sydney 2000. Tel: 9231-8111. Weekends Tel: 9231-8125 www.rbgsyd.nsw.gov.au click 'Royal Botanic Gardens' then 'your visit'.

Sydney Coastal Councils Group Inc

Level 12 Town Hall House, 456 Kent Street, Sydney 2000. Tel: 9265 9660

www.walksydney.com.au

Sydney Harbour Federation Trust (Harbour Trust)

For information on Macquarie Lightstation ?House (H3), Marine Biological Station and the Trust's other sites in Sydney Harbour see www.harbourtrust.gov.au

They can be downloaded from www.cityofsydney.nsw.gov.au,by clicking on 'visitors guides and information' in the 'About Sydney' section.

Sydney Harbour Foreshore Authority (SHFA)

For information relevant to walks in The Rocks (A3), Darling Harbour (A4), Pyrmont (A4) and Ballast Point (off map) see www.shfa.nsw.gov.au The Authority has two Sydney Visitor Centres, Freecall 1800 067 676. Web: www.sydneyvisitorcentre.com. The Rocks, cnr Argyle and Playfair Streets, Tel: 9240 8788 and Darling Harbour, 33 Wheat Road (behind IMAX

Theatre), Tel: 9240 8788. **Waverley Council**

ce Centre, 55 Spring St, Bondi Junction 2002. Tel: 9369 8000 Coast Walk - Bondi to Bronte. Current and historical information can be found on the Council web site: www.waverley.nsw.gov.au - particularly Visitor Info and Waverley Library Local Studies, including heritage walks and local history leaflets.

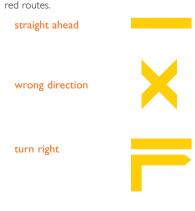
Woollahra Municipal Council

d, Double Bay 2028. Tel: 9391 7000

The Harbour/Coast Walk (3 brochures). Current and historical information can be found on the Council web site: www.woollahra.nsw.gov.au, especially at Local Information and Activities - note Local History Fast facts.

Route Marking

A variety of local signage also exists. It is expected that the following internationally recognised marking system will be introduced over time on red routes.



turn left

Personal Care

The walk requires average fitness. Take care as it includes a variety of pathway conditions and terrain including hills and steps. Use sunscreen, carry water and wear a hat and good walking shoes. Please observe official safety and track signs at all times.

Public Transport

Public transport is readily available at regular points along the way (see map). This allows considerable flexibility in entering and exiting the routes. Note - not all services operate every day.

Bus, train and ferry timetables. Infoline Tel: 131-500 www.131500.com.au

Short Walks using Public Transport 2 to 4 hours

The choices of walks are many. The following are examples of walks between 2 and 4 hours walking including some loop walks, and a variety of

USING TRAINS

Circular Quay Station (B3) to Kings Cross Station (C5)

Routes LI (Macquarie St Loop), plus CI (Woolloomooloo Connection) plus L2 (Kings Cross Loop). Walk only: I hour 30min - 3.5kr

i) Route L4 (Darling Point Loop) plus Darling Point part of main route and part of Federation Track).

ii) Route L3 (Paddington Loop) plus the Paddington part of the Walk only: 2 hours 30min - 5.5km Federation Track.

USING FERRIES

From Edgecliff Station (D5)

(NB. Sydney Ferries – Go Walkabout brochure) From Watsons Bay ferry wharf (H2)

Main route plus L9 (South Head) and L10 from Watsons Bay to South Head Cemetery (H3), then main route and C7 (Vaucluse Connection) to rejoin the main route back to Watson Bay Wharf.

From Rose Bay ferry wharf (F4

Main route west to C3 (Bondi Connection), then bus to City; or walk main route north along coast to C5 (Dover Connection) or C6 (Fernleigh Connection) then back via C6 or C7 to main route at northern Rose Bay and westwards back to Rose Bay ferry wharf.

Walk only: 2 hours 45mins - 9km

Walk only: 4 hours - 9.5km

USING BUSES Bus routes to the city frequently connect with the main route throughout most of its length. Many eastern suburbs bus routes connect to Bondi

Junction (E6) which also has a rail station. Watsons Bay/The Gap (H1/2)

(Bus stops near The Gap) to Bondi Beach (G6), then bus to city. Walk only: 3 hours - 8km

Vaucluse and Watsons Bay (H3)

Wentworth Mausoleum (G2)

Bus to junction of New and Old South Head Roads, then take Loop 10 (South Head Cemetery) and follow C7 (Vaucluse Connection) to Vaucluse House, then Main Walk to Watsons Bay (with optional Loops 8 and 9) and return south along Main Walk to South Head Roads junction at South Head Cemetery and buses.

Cooper Park (E6) to Charing Cross (E7)
Walk to Cooper Park from Bondi Junction Station (bus or train) (E6), then follow part of C2 ?3 (Cooper Connection) east to C8?9 (Charing Cross Connection) and then via C8 ?9 to Charing Cross (E7) and bus.

Historic Museums/Buildings

Bondi Beach Pavilion (map ref G6) Bronte House (F7) Conservatorium of Music (B4) Carrara (G3) Customs House (B3) Elizabeth Bay House (C4) Government House (B3) Greycliffe House (F2) Hyde Park Barracks (B4) Justice & Police Museum (B4) Lindesay (D4) Macquarie Light (H3) Museum of Sydney (B4) NSW Art Gallery (B4) Parliament House (B4) South Head Cemetery (H3) St James Church (B4) St Marys Cathedral (B4) Sydney Opera House (B3) Sydney Hospital & Nursing Museum (B4) The Mint (B4) Vaucluse House (G3) Victoria Barracks (C6) Waverley Cemetery (F8)

Acknowledgments and Suggestions

These brochures have been developed by the Walking Volunteers, working with a partnership of local Councils, State and Federal agencies and Sydway Street Directories mapping Division. The Walking Volunteers are: Jim and Therese Archibald, Bill Avery, Neil and Pam Hardie, Phil Jenkyn, Ian Napier, Nedra & Co-ordinator Bill Orme, Don and Laura Riddell, Leigh Shearer-Heriot, Cameron Sparks, Graham Spindler And Paul Webb The Walking Volunteers are a group of individuals who enjoy exploring areas on foot. They believe that walking is one of the most effective and economical ways to: combat obesity, fight pollution and reduce congestion on our roads. Their achievements are far reaching.

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Please let the Program Coordinator, Sydney Coastal Councils Group, know of any errors, omissions, or suggestions to improve future editions or other similar publications. Sydney Coastal Councils Group Inc Level 12 Town Hall House, 456 Kent Street, Sydney 2000. Tel: 9265 9660. www.walksydney.com.au

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